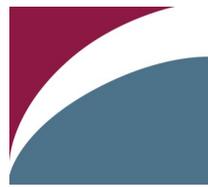




Fall 2022



**Virginia
Cooperative
Extension**

Virginia Tech • Virginia State University

BATH-HIGHLAND NEWS



FAMILY AND CONSUMER SCIENCE TOPICS

Becky Gartner, Extension Agent, Family & Consumer Science—rebes13@vt.edu—540 564 3080



December 5—A One-Day Food Protection Class (Manager Certification and Exam) –
Rockbridge County Administrative Offices, 150 South Main Street, Lexington VA 24450.

Time: 9:00 am - 6:00 pm

Cost: \$160 per person; cost covers instructor-led class, textbook, exam and 5-year certification with passing score. Pre-Registration is required. Registration deadline is November 28th.

Online registration: <https://tinyurl.com/Rockingham-SSMGR>

ADDITIONAL PAGES INCLUDE

AGRICULTURE & NATURAL RESOURCES TOPICS

4-H UPDATES & EVENTS

EXTENSION STAFF SERVING YOU

Gifts from the Kitchen



**November 17
9:00 AM - 1:00 PM**

**Rockingham Extension Office
965 Pleasant Valley Road
Harrisonburg**

Cost: \$20 per person

Get a start on the holiday gift season by learning how to make your own holiday gifts. Learn how to make chocolate raspberry sauce, spiced orange jelly along with hot chocolate mix.

All supplies provided. Take home a jar of each recipe.

*Registration deadline:
November 10*

Limit: 10

*To register or for more information contact:
Becky Gartner, FCS Extension Agent at
540-564-3080 or rebes13@vt.edu.*



4-H HAPPENINGS

Ben Hindman, Program Associate, Bath/Highland—benjaminh@vt.edu—540 468 2225



Bath and Highland County 4-H'ers had a busy summer! Here is a snapshot of what we've been up to:



In June, Mr. Ben travelled to Blacksburg to help with the 100th Virginia 4-H State Congress at Virginia Tech. 4-H members had a chance to compete with their peers from across the state as well as participate in a variety of workshops with hands-on and engaging learning experiences. In addition to competitions and workshops, delegates had the opportunity to visit a college fair, attend dances, and participate in community service projects.

48 campers and teen counselors from Bath and Highland attended this summer's Junior 4-H Camp at the W. E. Skelton 4-H Center on Smith Mountain Lake in July. Campers were able to participate in a variety of classes including archery, baking, canoeing, outdoor adventures, tie-dye, and much more!

Also in July, Mr. Ben held Cloverbud day camps in Bath and Highland. The camps had a "water" theme and kids participated in a variety of camp programs including watercolor painting and STEM activities.



This year brought another successful Highland 4-H & FFA Livestock Show and Sale. 30 youth exhibitors participated in this year's event which brought in more than \$120,000!

The Bath-Highland 4-H Poultry Chain Project held their third annual Chicken Show & Sale at the Bath County Fair which was held at Millboro Elementary School. 13 local youth received 10 chicks in April and raised them into egg laying hens by September. Each participant sold 5 hens from their flock and are able to keep the remaining 5 hens.



October marks the beginning of a new "4-H year" (Oct. 1, 2022— Sept. 30, 2023).

Bath and Highland 4-H programs are beginning to hold their first meetings make plans for their year.

Returning 4-H families, as well as new families, can enroll for 4-H at v2.4honline.com.

Bath and Highland 4-H has many club opportunities in which local youth may participate in in a variety of ways. To learn more about any of these program opportunities, please call either the Bath or Highland Extension offices.

- The **Busy Bee 4-H club** is Highland's oldest club and has been continuously meeting for more than 50 years! Members of this club enjoy programs based around hands-on activities, special guest speakers, international foods, farm field trips, annual trash pickup and Maple Festival community service.
- The **Highland 4-H FAIR** club is Highland's newest club. At each club meeting members create a craft or recipe. Members are encouraged to enter their projects in the Highland County Fair.
- The **Highland Hoofbeats 4-H Club's** focus includes horsemanship skills and project work, State 4-H Horse and Pony Show & Highland County Fair Horse shows, community service, and arts and crafts.
- The **Highland Sharp Shooters 4-H Club** members learn valuable life skills in marksmanship, leadership, team work, and responsibility. Youth who meet certain attendance requirements will have the ability to attend competitive events in shooting sports.
- The **Bath 4-H Homeschool club** offers members an opportunity to "learn by doing" through club activities and club competition events.
- A **Bath 4-H LEGO Club** is in the works. If there is enough interest in this club opportunity, we hope to get club meetings going ASAP.
- **In-school club programming** has begun with students at Highland Elementary, Millboro Elementary, and Valley Elementary schools. Students in 1st, 4th, 5th, 6th, and 7th grades are participating in a variety of 4-H programs in their classrooms.



AGRICULTURE & NATURAL RESOURCES

Kari Sponaugle, Extension Agent, Ag & Natural Resources, Highland & Bath—Cell: 540 679 9664—Email: karis@vt.edu

Save the Date

There will be a private pesticide applicator recertification on November 22nd at the Highland Modular Conference Room in Monterey.

Local applicators whose certificate expires as of December 2022 will get additional correspondence about this workshop. This program is open to everyone interested in learning more about herbicide application. Contact me (see above info) if interested.

If you wish to get a private applicator license, we can proctor your test at the local office. Contact me for more information.

Hello, its Kari Sponaugle! I am happy to be back from maternity leave after welcoming our daughter, Michaela, on April 29th. I went on leave as the 4-H Agent and returned as the “Ag Agent”! Nine and a half years as the 4-H Extension Agent was a labor of love for me. I never saw myself leaving that role until this summer when previous Agent Berkeley Cassady left the position. Growing up in the Highland 4-H program, becoming a VA 4-H All Star, and then facilitating the program as the 4-H Agent was a dream come true. Lots of great things happened and many more will continue to occur when the new 4-H Extension Agent is named this fall. As the Agriculture and Natural Resources Agent, I will maintain several partnerships in support of 4-H including duties related to county and state fairs, educational activities and team coaching in livestock and forestry categories. You’ll still see me around volunteering with 4-H – Agents work together to support each other’s programs. It makes for a fun and diversified work experience and is good for the community. As your new Ag Agent, I will do my best to provide research-based information from resources gathered from my own agricultural background as well as studies, publications and specialist support from Virginia Tech, Virginia State University and beyond. With over 400 Extension personnel across the Commonwealth, if I don’t have the answer, I’ll find someone who does!

In the Office: In the coming months during my transition from 4-H to Ag, I will be attending trainings & workshops to gain knowledge and/or necessary certifications. My main office remains in Highland but I serve and will work from the Bath office weekly.

In the Field: I have made a few farm visits and am happy to schedule a visit with you. Let me know what your ideas or concerns are and we can work on a solution together.

Watch for emails from me about local and area Extension programs that may interest you. Let me know what I’m NOT sharing that would interest you more! There are LOTS of Extension programs in the coming months. Again, I am happy to be of service as your NEW Highland & Bath Ag Extension Agent and hope to hear from you soon!

2022




VIRGINIA WISE

CATTLE & EQUIPMENT

WOMEN INCREASING SKILLS & EDUCATION

Friday, October 21st- Equipment WISE
Saturday, October 22nd- Cattle WISE
Kentland Farm-Blacksburg, VA
\$25 for One Day or \$45 for Both Days
(Lunch provided)

Join fellow women in hands-on learning experiences such as:
chainsaw use, how to back up a trailer, small engine troubleshooting, low-stress cattle handling, BQA chute-side training, etc.

Register online at: <https://tinyurl.com/equipcattlewise>

Space is limited, so register today!

Virginia Fence Law Workshop

6:30 PM Thursday, November 17, 2022

Augusta County Government Center

18 Government Center Lane

Verona VA 24442

Smith Transfer Meeting Rooms



In this workshop, participants will gain a working knowledge and awareness of different statutes within Virginia fence laws. Items covered include but are not limited to the origins of fence law in Virginia, the difference between common law and general law in terms of fence structures, definitions of a lawful fence, and many other important items pertaining to Virginia fence laws.

Virginia Fence Law is more complicated than the terms “fence in” or “fence out”. It is subject to a wide range of state regulations covering foreseeable scenarios and situations between landowners and farmers as well as subject to various county ordinances. Farm operators and landowners will benefit from the information presented in this workshop to assist them in risk aversion decision making regarding future and current fence construction and maintenance.

Jennifer Friedel, J.D., Virginia Tech, will be on-hand to discuss fence law, county differences, and various case studies regarding fence disputes.



Program Cost: \$5
Please Pre-register by November 3 by
Calling the Augusta Extension Office
540-245-5750 or email John Benner at
benner89@vt.edu

Bath County Office

PO Box 357
Warm Springs, VA 24484
540-839-7261

Highland County Office

PO Box 528
Monterey, VA 24465
540-468-2225
Online: www.ext.vt.edu

Your Area Extension Agents and Staff include:

Kari Sponaugle, Agriculture & Natural Resources, Bath & Highland County and Unit Coordinator
Vacant, 4-H Youth Development, Bath & Highland County
Becky Gartner, Family & Consumer Sciences, Rockingham County
Matt Booher, Crops & Soils, Rockingham County
Jason Cooper, Horticulture, Rockingham County
Tom Stanley, Farm Business Management, Rockbridge County
Adam Downing, Forestry, Madison County
Rebecca Wilder, SNAP-Ed Agent, Rockbridge County
Ben Hindman, Program Associate, 4-H/ANR, Bath & Highland County
Deseray Chaplin, Administrative Fiscal Assistant, Bath County
Kathy Beverage, Administrative Assistant, Highland County

Kari Sponaugle

If you are a person with a disability and desire assistance or accommodations to participate in programs listed in this newsletter, please contact the VCE--Bath or Highland Unit Office at (540) 839-7261 or (540) 468-2225 during business hours to discuss accommodations. (TDD 800-828-1120)



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Virginia Cooperative Extension

Highland County Office

**PO Box 528
Monterey VA 24465**

OFFICIAL BUSINESS

We are happy to provide this newsletter. However, if you prefer to receive this a different way (email/hard copy) or to be removed from the list, please call 540-468-2225 or 540-839-7261.